

### The Footfall of the Tolt (Rack)

The tolt is the same gait as the rack. Sometimes the tolt is mistakenly claimed to be a runningwalk, but that is a different gait. The following pictures show the sequence of footfall phases of the tolt (rack), which are as follows:

- Right Hind (one foot support)
- Right Hind, and Right Front (two foot, lateral support)
- Right Front (one foot support)
- Right Front, and Left Hind (two foot, diagonal support)
- Left Hind (one foot support)
- Left Hind, Left Front (two foot, lateral support)
- Left Front (one foot support)
- Left Front, Right Hind (two foot, diagonal support)

The following pictures were supplied by Magnus, website: <http://magnus.iceryder.net>.

**Right hind only**



**Right hind, right front**



**Right front only**



**Right front, left hind**



**Left hind only**



**Left hind, left front**



**Left front only**



**Left front, right hind**

 

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